mooki WELLBEING

10-minute activity

Common Questions

What is dyslexia?

Name _____ Date _____

I think dyslexia is...

draw or write

Facts we shared

- [ ] 10 in 100 people have it
- [ ] It is how the brain works
- [ ] It can affect writing and memory
- [ ] It runs in families
- [ ] It does not change how clever you are
- [ ] There is no cure (it's OK!)

My questions

?

?

?

FOR THE GROWN-UP

Ask first: "What do you think dyslexia is?" Let them draw or write it.
Then share 1 or 2 facts and tick them. Write down any questions they ask.

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